



Peer Support for Military and Veteran Parents

Join us for an ongoing virtual weekly peer support group for military parents, where we work together through the unique challenges of being a military family with kids.

Join us virtually every Wednesday from 12:00 - 1:00 CST to get support and build community.



Our certified Mental Health Peer Specialists can help to empower you through:

- social support
- community building
- problem solving
- advocacy
- finding resources
- coping skills and wellness

Visit our website to learn more about how Loving Parents can help you build community and raise your children to thrive!

www.lovingparents.org